High Five
Blast Off!

Find the hidden broccoli!
Pages 10–11

PLAY AND LEARN ★ HIDDEN PICTURES PUZZLE TOWN
Dear Readers

Welcome to a New Year

We are happy to welcome you to another year of Highlights High Five. Our goal every month is to create a joy-filled experience for you and your child to share. We want each issue to make you smile, laugh, wonder, ask, and learn together.

Each month’s issue will be brimming with possibilities. There will be stories and verse, crafts for little hands, and recipes that explore new tastes and textures. There will be puzzles for thinking, sillies for laughing, and opportunities to invent something completely new.

This month, read how Tex manages his anger in “The Calm-Down Trick” (pages 6–9). His ability to overcome his irritation and then teach the trick to his sister is a great lesson for all of us. In “Noon Year” (pages 20–23), a family shares a tradition for celebrating the new year.

Early childhood is a time of discovery and learning. So dive in and explore with us! We’re so glad you’re here.

Sincerely,

Meghan Dombrink-Green, Editor

Your High Five!
Send us your photos at highlights.com/HighFive.

Find more photos of readers like you on the back cover!

Anaiah, age 9, Alissa, age 4, and Angelo-Matthew, age 6, from Massachusetts pose with their sparklers and food (July 2020).
January

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Life During COVID-19
These are challenging times! You can find tips, ideas, and things to do in the Highlights@Home segments on Highlights.com, on our YouTube channels, and on HighlightsKids.com.

We’d love to hear how you’re doing. You can write to us at eds@highlights.com.

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Join the fun!

Facebook HighlightsForChildren
Instagram HighlightsForChildren
Twitter Highlights
Oh, how I love to make a mustache.
I start with a glass, and then add a splash.
I gulp and I guzzle. I gurgle and chug.
There’s more on my face than inside my mug.
I slurp it all up, and Mom says, “Disaster!”
But that’s what I do—I’m the Milk-Mustache Master!
A TWO-STICK PROBLEM

Episode #169
By Marileta Robinson • Art by Ron Zalme

Spot loves sticks. Here’s a good one.

That’s a good one too. Spot can’t decide!

Spot gets an idea. He will take them both!
“This piece goes here,” said Tex to himself as he added a brick to his structure. “And this one goes in this spot.” He carefully attached one last piece.

“Arizona, come look at my building,” Tex called out. “I’ve been working on my building for so long!”
Just then, Charlie and Cow, the family’s two cats, raced into Tex’s room.

“Stop, kitties!” said Tex. “You’re going to knock it—”

Cow chased Charlie, and the two kitties toppled Tex’s building.
“That’s tough,” said Arizona. “Do you want to do a snake breath with me?”

“What’s that?” asked Tex. “You take a deep breath in, and then hisssss!”

Tex took a deep breath in and exhaled making a hissing sound. After repeating the snake breath a few times, he smiled. “That does help. Thanks, Arizona.”

Arizona stuck her head in. “Can I see what you made?” she asked.

“No,” said Tex. “Charlie and Cow knocked it over. I’m so mad right now!”
That night, Indi was sad and mad when she accidentally tore a page in her favorite book.

“Can I tell you a calm-down trick Arizona taught me?” Tex helped Indi take a deep breath and blow out while making a hissing sound.

“Wow, thanks. I do feel better,” said Indi, smiling. “Being a snake can be great!” 🐍
A City Hike

Ruler  Boot  Mitten  Waffle  Envelope
Find the objects hidden in the picture!

Broccoli  Fish  Crown  Crayon

Can you find this crayon on the back cover?
O is for osprey.
An osprey is a bird of prey that mainly eats live fish.

Wow!
Sharp claws help catch slippery fish.
O is for otter.
A sea otter will tangle itself in kelp so it does not drift away.

An otter’s eyes and nostrils close to keep water out.
O is for octopus. An octopus can hide in small places because its soft body can bend and fold.

O is for oyster. An oyster lives inside a shell. Many oysters live together in a reef.
Tide Pools
Tide pools are small pockets on a rocky shore where water is left behind when the tide goes out.

At high tide, the ocean water level rises, filling in and covering the tide pools.

The best time to visit a tide pool is at low tide.

This is a tide pool.

Who lives here? Animals such as crabs, starfish, and sea anemones can be found in tide pools.
Art by Mitch Mortimer

Super Space

How are these pictures the same?
Adventure

How are they different?
A Snowy Day

Mo0000!

Neigh!

Cock-a-doodle-do!

That’s Silly!

Art by Julissa Mora

HIGHLIGHTS HIGH FIVE • JANUARY 2021
What silly things do you see?

on the Farm
Happy Noon

By Christine Van Zandt ★ Art by Larissa Marantz
It's December 31, the last day of the year.

Grown-ups celebrate New Year's Eve, waiting for the clock to click from 11:59 p.m. to midnight. But my sister and I like to celebrate Noon Year.

We meet up with our friends at the park.
Mom sets an alarm on her phone. When it’s almost noon, she calls us to gather around.

We count down the last ten seconds together.

“10, 9, 8, 7, 6, 5, 4, 3, 2, 1! Happy Noon Year!”

Then we make a lot of noise to welcome in the new year.
It’s not really January 1 yet—that happens in twelve hours when we’re asleep.

Tomorrow we will hang up our new calendars and start counting the twelve months all over again!
My Peacock Tail Is . . .

By Heidi Bee Roemer ★ Art by Lea Vervoort

An eyeful of emeralds.
A bedazzling sight.
A feathered display to amaze and delight.

A showcase of color
in bold jewel tones.
It’s a grand-tastic, fan-tastic tail all my own!

What colors do you see?

What else do you see?
When Lola Chick woke up in the morning, she had a special breakfast waiting for her.

“¡Panqueques!” she exclaimed.

She poured a glass of milk and sat at the kitchen table.

“Would you like some syrup on your pancakes?” asked Grandma Hen.

“Sí, por favor,” said Lola Chick.
“¡Perfecto! Gracias,” said Lola Chick. Then she grabbed her fork and started eating.
Recipe

By Bonnie Baker ⋆ Photos by Jim Filipski, Guy Cali Associates, Inc.

Banana

PB and J
Peanut butter and jelly

S’more
Graham cracker, chocolate, and marshmallow

Fresh
Cucumber and Mint

Orange Crush
Orange and coconut flakes

Send us a photo of your bites! highlights.com/HighFive
What will you put on your banana bites?

**The C-C-C**
Cream cheese and cranberries

**Kiwi Crunch**
Yogurt, kiwi, and granola

**Banana Pie**
Banana pudding and vanilla wafer

**Rad Red**
Cherries, chocolate, and pomegranate seeds
New Year’s Eve

You Need:
★ Small jewelry box
★ Large buttons
★ Tape
★ Craft stick
★ Stickers
★ Markers

Show us your noisemakers at highlights.com/highfive.
1 Place.
Place buttons into your small box.

2 Tape.
Tape the box tightly.

3 Tape.
Tape craft stick to back of box.

4 Decorate.
Decorate your box. Then shake it!
Flamingo Stand

Put one foot on the ground and lift the other one. Enjoy the lagoon!
Nap Time

Cat Nap

Fish Nap

Otter Nap

Sun Nap?

Art by Melanie Grandgirard

WHOOPS!
Help Sol go up the mountain.

Logan, age 3, Ohio (puzzle from July 2020)

Charlotte, age 5, Ohio (craft from August 2020)

Samuel, age 4, California (craft from August 2020)

Leila, age 4, and Mia, age 7, New Mexico (story from July 2020)

Look for the hidden “Smiling 🍄” on the front cover.

Your High Five!